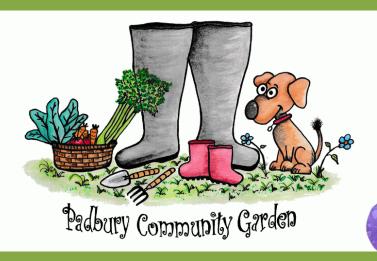
June - July 2024 - Makuru Season Newsletter



It doesn't seem that long since we released the last newsletter where Phase 1 of the garden had really taken shape. Since then there has been some more planting, notably some fruit trees, as well as more growth in the raised beds thanks to the 'planting team' volunteers. I'm assured the zucchinis are going well and being enjoyed by some of the community, with the herbs and other plants also thriving.

Now with the Noongar Season 'Makuru' upon us, the time of cooling and the return of rain, at least it will give us and the garden a break from the harsh sun! The garden is currently being checked and watered on a regular basis, and hopefully our watering needs will ease a little. My thanks to the 'watering team' volunteers who are doing an amazing job in keeping the garden looking and growing wonderfully, in addition to other tasks they are getting completed around the place.

After a short period of consolidation, we are starting to look to the near future with Stage 2 planning. These plans will then need to be submitted into the City for approval before we seek funds to move forward to establish the next stage.

The Committee can't believe we are already organising another AGM. How fast a year passes when you are having fun! Don't forget to save the date... the AGM will be on the 20th July this year. It has been a terrific year and I'm so grateful for the support from our members, the community and our Committee.

Maybe you would like to know more, become a PCG member or even join the committee? If so then please reach out to us at padburycommunitygarden@gmail.com or through our website https://www.padburycommunitygarden.org/

Looking forward to catching up at the AGM, if not before.

Dave

Padbury Community Garden Inc. Chair

Acknowledgement of Country

We acknowledge the Whadjak Nyoongar people, the traditional custodians of the boodja (land) in which we live and garden together. We pay our respects to Elders, past and present.



What's been happening at Padbury Community Garden Inc?

Significant increase in paid memberships

Planting in all raised garden beds are growing and producing

Continued planning for future stages of the garden

The land allocated to PCG has been surveyed by generous community member to assist in future planning

Planting of six donated fruit trees in the garden

Watering team has been doing an amazing job keeping the garden growing

What's coming up

JUNE

Committee Meeting
Busy Bees at the Garden
Community Crafting
Weekly Crochet Play Days

JULY

Committee Meeting
Busy Bees at the Garden
Community Crafting
Weekly Crochet Play Days
PCG Annual General Meeting

Makuru Season

The Noongar Season 'Makuru' is represented by the colour dark blue as it symbolises the rain and cold weather.

Makuru season brings with it the first heavy rains, and sees the beginning of the coldest and wettest time of the year.

Flowers that will start to emerge include the blues and purples of the blueberry lily (*Dianella revoluta*) and the purple flags (*Patersonia occidentalis*). These flowers attract bees, butterflies and other insects.

The blueberry lily is a bush tucker plant that produces sweet, blue-purple berries, containing a few tiny, nutty-flavoured seeds.

As Makuru draws to a close, take notice of the beautiful weeping peppermint (*Agonis Flexuosa*), which greets you to the right as you enter the Padbury Community Garden, as it will start to produce white flowers as the blues start to make way for the white and cream flowers of Djilba.





Season of fertility
Cold weather, heavy
rains

What should I plant during Makuru?

Makuru is an excellent season to prepare your soil and start your winter tree planting. Trees offer many and diverse benefits in a garden, bringing shade, cooling spaces, providing roosting places for birds and habitat for insects, not to mention often bearing healthy fruit too. It is a great season to plant trees for many reasons: most food productive trees are dormant at this time of year; they are often more affordable to purchase compared to when they are lush and green in the warmer seasons; and, their establishment is likely o be more successful and environmentally sustainable due to the increased rainfall during this season. This will also enable the root systems to be established before the warmer seasons are upon us.

Beetroot	Fennel	Rhubarb
Broad Beans	Kale	Rocket
Broccoli	Kohl Rabi	Shallots
Cabbage	Leek	Silverbeet
Carrots	Lettuce	Spinach
Cauliflower	Onions	Spring Onions
Celery	Parsnip	Strawberry
Chives	Peas	Swede
Collards	Potatoes	Turnip
Coriander	Radish	Watercress



EOFY Tax-deductible Donations

With the EOFY now looming, we would like to remind you that Padbury Community Garden Inc. are an approved ATO Deductible Gift

Recipient whereby all donations \$2 and above are tax deductible. If you or the business you work for are looking for tax deductions this financial year, please consider donating to our Charity.

With all donations going straight back into the community, with the aim to reduce loneliness and isolation, and advance mental health, it is a wonderful local place to direct your donation.

Donations can be made via Direct deposit into the following Bank Account:

BSB - 066 160 Account - 1117 8205

Please use your Surname Name as reference and email us if you require a receipt for your tax purposes.

Alternatively, you can donate <u>here</u> on our website Every little bit helps and we really do appreciate your support

Annual General Meeting - Save the DATE





Spotlight on our Supporters



saba rose button

The <u>Saba Rose Button Foundation</u> (SRBF) is a not-for-profit charity focussed on raising funds to help children who have additional needs, and their families. The funds they raise are used to assist children who are not yet supported by NDIS. The funds support children in necessitous circumstances, to access therapy, intensive therapy, specialised equipment and respite care. The SRBF was established to help a special little girl named Saba. Although perfectly healthy, Saba had a severe and life changing reaction to a 2010 flu

vaccine at age 11 months, which is no longer available to infants. She suffered severe brain damage and multi-organ failure. Saba has since been diagnosed as having cerebral palsy from an acquired brain injury, level 5 quadriplegia, epilepsy, cortical visual impairment (CVI) and respiratory weakness. Saba required and will continue to require intensive rehabilitation for the rest of her life. Saba has received compensation for what occurred and is no longer able to access the Foundation.

Consequently, the SRBF is now solely aims to support children and their families who are in necessitous circumstances living with additional needs.

The SRBF have been a silent partner of Padbury Community Garden Inc. for over a year now. Their pro bono advice and support has been pivotal in designing a community garden that is an accessible place for people with all abilities. This is an element of our garden that PCG have been very passionate about from the Charity's inception. As SRBF's vision is to assist children with additional needs to access their best life of inclusivity and accessibility, our partnership has been a seamless jointing of passions for a greater good.





We pass our **Congratulations** onto the SRBF for being awarded the latest 6PR's 'The Best of the West' Grant. You can watch a wonderful interview with Saba's Mum, Kirst Button, at this <u>link</u> and an interview at this <u>link</u>. It's great to hear from Kirst first hand about the great work SRBF do for the kids of WA.

We are so grateful to have them be part of our vision too.



Garden Gatherings



The PCG Committee were lucky enough to meet our new Community Project's contact from the City of Joondalup last month. Michelle will be looking after Community Gardens throughout the City and we look forward to working with her.

At the same time, we say good-bye and thank you to Erika, as she heads to the City of Stirling to take up a new position. Erika has been the contact between PCG and the City's other business areas, on and off for the past 3 years, and we are appreciative for all the work she has done to help us get this far. We wish her all the best for her new position at Stirling.



National Volunteer Week 20 - 26th May PCG Thank you BBQ

To celebrate National Volunteer Week this year, at the start of May PCG held a Thank You BBQ for the special volunteers who dedicated their time, smiles, energy and/or muscles to get the physical garden established over the past few months. It was a lovely afternoon, including a

gathering of these generous community members, a sausage sizzle, great chats between people of all ages and even some lawn games. We look forward to many more of these gatherings in the community garden.

HAPPY NATIONAL VOLUNTEER WEEK!!



3 REASONS TO V@LUNTEER

Make a difference

Experience the joy of making a positive impact and contributing to your community.

Learn and connect

Volunteering provides a unique opportunity to make lasting friendships with like-minded people, whilst gaining new skills. It really is a win-win!

Improved wellbeing

Research shows that regular volunteering not only improves life satisfaction but also contributes to mental health improvements. Experience the joy of giving back while improving your own wellbeing.

CONTACT US



padburycommunitygarden@gmail.com



www.padburycommunitygarden.org



<u>Facebook Page</u>

Facebook Group



<u>Instagram Page</u>



Padbury Community Garden Gibson Park 140 Gibson Avenue, PADBURY WA 6025

STATE GRANT SUCCESS!!!







THANK YOU

to the Department of Communities for pledging \$7,582.67

towards Padbury Community Garden Inc.

PCG are excited to be putting these funds towards additional plantings, tools and quality soils to enhance the physical community garden.

We are so grateful for the ongoing support and involvement these charities and companies are investing in our community projects

























